

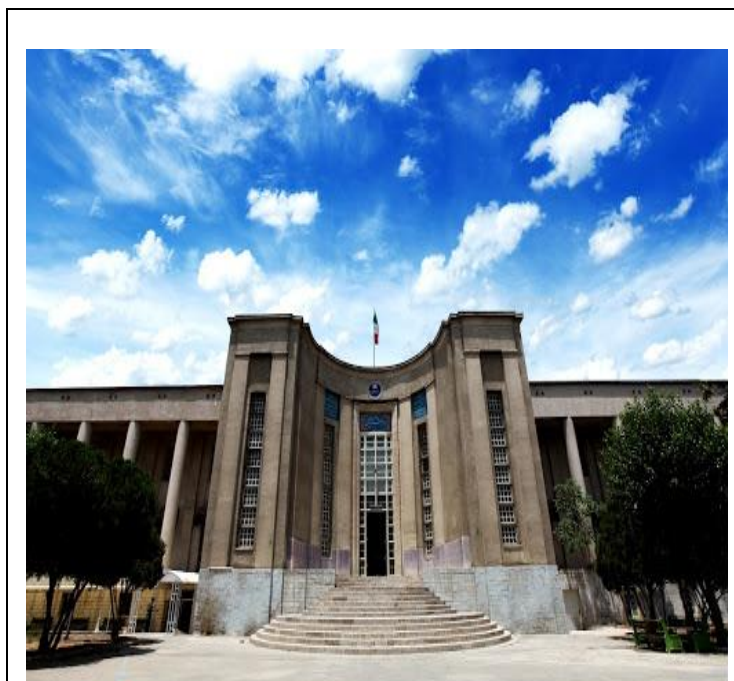
Nutritional recommendations for patients with non-alcoholic fatty liver diseases

Nafiseh Bahadori birgani

Department of National Nutrition And Food Technology Research, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Abstract:

Introduction: Fatty liver is the most common liver disease worldwide. Hyperglycemia and hyperinsulinemia induce lipogenesis, thereby increasing the hepatic pool of fatty acids. Nutritional consultations and lifestyle modification are important in the treatment of non-alcoholic fatty liver disease (NAFLD). The usual management of NAFLD includes lifestyle counseling to achieve a gradual weight reduction and an increase in physical activity. An intensive lifestyle intervention focused on diet, exercise and behavior modification with a goal of 7–10% weight reduction that leads to significant improvement in liver histology in patients with NASH



Biography:

Nafiseh Bahadori birgani : Department of National Nutrition And Food Technology Research, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

Publications:

1. Cytotoxic Effects and Induction of Apoptosis of Cisplatin Loaded on Polybutyl Cyanocryl Nanoparticles on the Growth of Human Cellular Cancer Cell Line In Vitro
2. Prevention and early detection of hereditary breast cancer Dr Shraddha Patel, Dr P. B. Patel, Kush Patel, Lav Patel
Joint Annual conference of IAPSM & IPHA Ahmedabad

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