

# A Deeper Understanding of the Pharmacological Effects of Curcumin on Diabetic Nephropathy

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## Description

The structure of cis-o-hydroxycinnamic acid lactones, also known as natural coumarin, is based on a basic skeleton of benzopyranone. The plant's roots, rhizomes, bark, leaves, and coumarins are typically abundant in the families of Apiaceae, Rutaceae, Lamiaceae, Asteraceae, Oleaceae, and Thymelaeaceae. Citrus fruits, carrots, apricots, cherries, strawberries, cinnamon, parsnips, and fennels are some well-known foods that contain coumarin. Due to their potent pharmacological actions that modulate through a variety of signaling mechanisms, coumarins are gaining a lot of attention and becoming a topic that is extremely appealing. Enteric dysfunction and an excessive intake of oxalate or oxalate precursors are two of the factors that contribute to secondary oxalate nephropathy. We observed an apparent rise in the proportion of ingestion-associated oxalate nephropathy during the COVID-19 pandemic, which coincided with a significant increase in sales of vitamin C and supplements. The immunological mechanism of Primary Membranous Nephropathy (PMN) has been the subject of numerous studies. As the result of humoral auto-immunity, autoantibodies play a significant role in diagnosis, treatment, and forecasting. Although PMN has been referred to as oligoinflammatory glomerulopathy, inflammation is typically present in autoimmune diseases and can last for a long time. Cytokines are important molecules that act as mediators and effectors in inflammatory and humoral immune responses. While their function and network are helpful for comprehending PMN's immune mechanism, no systematic summary exists.

## Diabetic Nephropathy

As a result, this review investigates the development of cytokines in PMN, explains whether inflammation plays a role in PMN's pathological process, proposes specific cytokines as potential biomarkers or therapeutic targets, and emphasizes the significance of updating existing treatment regimens. Diabetic Nephropathy (DN) is the most common cause of end-stage renal disease and has a significant impact not only on patients but also on society as a whole. Due to the limited availability of medical treatment, effective alternative therapeutic approaches for the treatment of DN are urgently required. Research on

diabetic nephropathy has shown that curcumin, a polyphenol curcuminoid, has anti-inflammatory, anti-oxidative, anti-apoptotic, and anti-fibrosis properties. This review has gone over the clinical and preclinical trials, as well as the mechanisms by which curcumin affects DN. Curcumin's pharmacological effects on diabetic nephropathy may be better understood, which could lead to more effective treatments for the condition. Rare immune dysregulation disorder IL-10 receptor (IL-10R) deficiency is characterized by life-threatening early-onset Inflammatory Bowel Disease (IBD). When the IL-10R is activated, pro-inflammatory cytokines are prevented from being released, which reduces inflammation. A case of a novel homozygous IL-10RA mutation is presented who was treated with an IL-1 blocker and developed early-onset Crohn's disease and failed to thrive.

While anakinra was stopped for the treatment of osteomyelitis, his disease course was complicated by IgA nephropathy, but it improved when anakinra was restarted. He was treated with high dose steroids and Hematopoietic Stem Cell Transplant (HSCT) a year later for inflammatory brain disease and Hemophagocytic Lympho-Histiocytosis (HLH). In the context of delayed stem cell transplantation, this case highlights IgA nephropathy, CNS autoinflammation, and HLH as potential extraintestinal manifestations of IL-10 receptor deficiency. Diabetic Nephropathy (DN) is the most common cause of end-stage renal disease and has a significant impact not only on patients but also on society as a whole. Due to the limited availability of medical treatment, effective alternative therapeutic approaches for the treatment of DN are urgently required. Research on diabetic nephropathy has shown that curcumin, a polyphenol curcuminoid, has anti-inflammatory, anti-oxidative, anti-apoptotic, and anti-fibrosis properties. Curcumin's pharmacological effects on diabetic nephropathy may be better understood, which could lead to more effective treatments for the condition. IgAN, or immunoglobulin A nephropathy, is a serious, progressive kidney disease caused by the immune complex. The fact that IgAN is a rare condition makes it difficult to evaluate potential new treatments because the progression to end-stage kidney disease typically takes many years. As a result, there is a desire to define earlier surrogate endpoints as reliable predictors of the effect of treatment on IgAN kidney outcomes over time. Reduced proteinuria and an alteration in the estimated Glomerular Filtration Rate (eGFR) are

two important endpoints that are being looked at as potential early surrogates for chronic kidney diseases. IgAN progression results in renal function deterioration, typically measured by eGFR.

## Clinical Manifestations and Outcomes

It is widely accepted that persistent 24-hour proteinuria, expressed as protein excretion or urine protein-creatinine ratio, is a consistent risk factor for the progression of kidney disease. However, because of the long duration and rarity of the disease, using these surrogate endpoints is difficult for IgAN patients. Furthermore, it wouldImmunoglobulin A nephropathy (IgAN) is a serious systemic disease with or without ocular manifestations that is uncommon but significant. We review the various ocular manifestations in patients with IgAN and describe four cases of IgAN presenting with scleritis. We discovered 55 cases of ocular manifestations in patients with previously diagnosed or newly diagnosed IgAN described in 38 publications. Episcleritis (23.6%), scleritis (16.4%), hypertensive retinopathy or retinal vasculopathy (20.0%), and uveitis (14.5%) were the most common ocular manifestations of IgAN.54.5% of patients were female, with a median age of 36.5 years at presentation. Before ocular involvement, 61.8 percent had IgAN history, while 29.1 percent had ocular presentations as the first sign of IgAN. The majority received immunosuppressants or systemic corticosteroids. In addition, we describe four women who had anterior scleritis and had been diagnosed with IgAN previously. Corticosteroids were used topically and systemically to treat all four. Since their initial presentation, three out of four patients experienced no recurrence for at least one year. In ocular inflammatory conditions, IgAN is a systemic association that should be considered, despite its rarity. Early diagnosis and joint treatment with a nephrologist may reduce disease morbidity. IgA Nephropathy (IgAN) has a variety of clinical manifestations and outcomes. A few patients may present with kidney dysfunction that has been present for less than three months and meets the criteria for Acute Kidney Disease (AKD).The

purpose of this study was to investigate the clinicopathological characteristics, causes, and outcomes of newly diagnosed IgAN patients with AKD. In diabetic patients, the first cause of nephrotic syndrome is Membranous Nephropathy (MN).

Due to the possibility of toxicity, its prognosis is variable, and treatment is still up for debate. In order to predict the course of the disease and provide guidance for therapeutic treatment, there is currently no reliable prognostic marker that is common to all MN etiologies and is routinely available. Even though complement plays a significant role in MN glomerular damage, no research has looked at how it affects prognosis. In MN, we looked into the frequency and impact on prognosis of C5b-9 glomerular deposition. A rare condition known as oxalate nephropathy can result in Acute Kidney Injury (AKI). Due to the necessity of a renal biopsy for diagnosis in clinical practice, physicians frequently lack sufficient knowledge of this disease. A diagnosis of renal injury due to ANCA-associated vasculitis is likely to be made when AKI is associated with positive blood Anti-Neutrophil Cytoplasmic Antibodies (ANCA), necessitating immunosuppressive treatment. After eating a lot of *Portulaca oleracea*, one person developed Acute Kidney Injury (AKI). While blood P-ANCA was positive, both pee proteinuria and pee mysterious blood were negative. A renal biopsy revealed the following acute tubulointerstitial injury: A diagnosis of oxalate nephropathy was made after disc-shaped crystals with birefringence under polarized light were observed in the renal tubule lumen. There were no of the typical histological changes of ANCA-associated vasculitis with renal injury, like crescent formation and cellulose-like necrosis. Renal function returned to normal after the patient stopped eating *P. oleracea* and underwent hemodialysis and rehydration. In patients with AKI, secondary causes of hyperoxalemia should be investigated, and an oxalate nephropathy should not be excluded. Before beginning hormone and immunosuppressive therapy and before assuming that the renal injury is caused by an ANCA-associated vasculitis, it is prudent to complete the renal pathological diagnostic process in patients with AKI who are ANCA-positive.